Preparing Well for Transition
P1 Intake 2027

Presentation by Mrs May Soh, Year Head (P1/P2)
30 October 2026

Learn with Passion, Serve with Compassion, Lead with Vision

What is Primary School about?

1. Laying a strong foundation
2. Nurturing holistic individuals and continuous learning
3. Providing learning opportunities, recognising our children's strengths & developing their potential
4. Preparing our children for the future
5. Providing a safe learning environment to support their well-being



Where is my child at this stage?

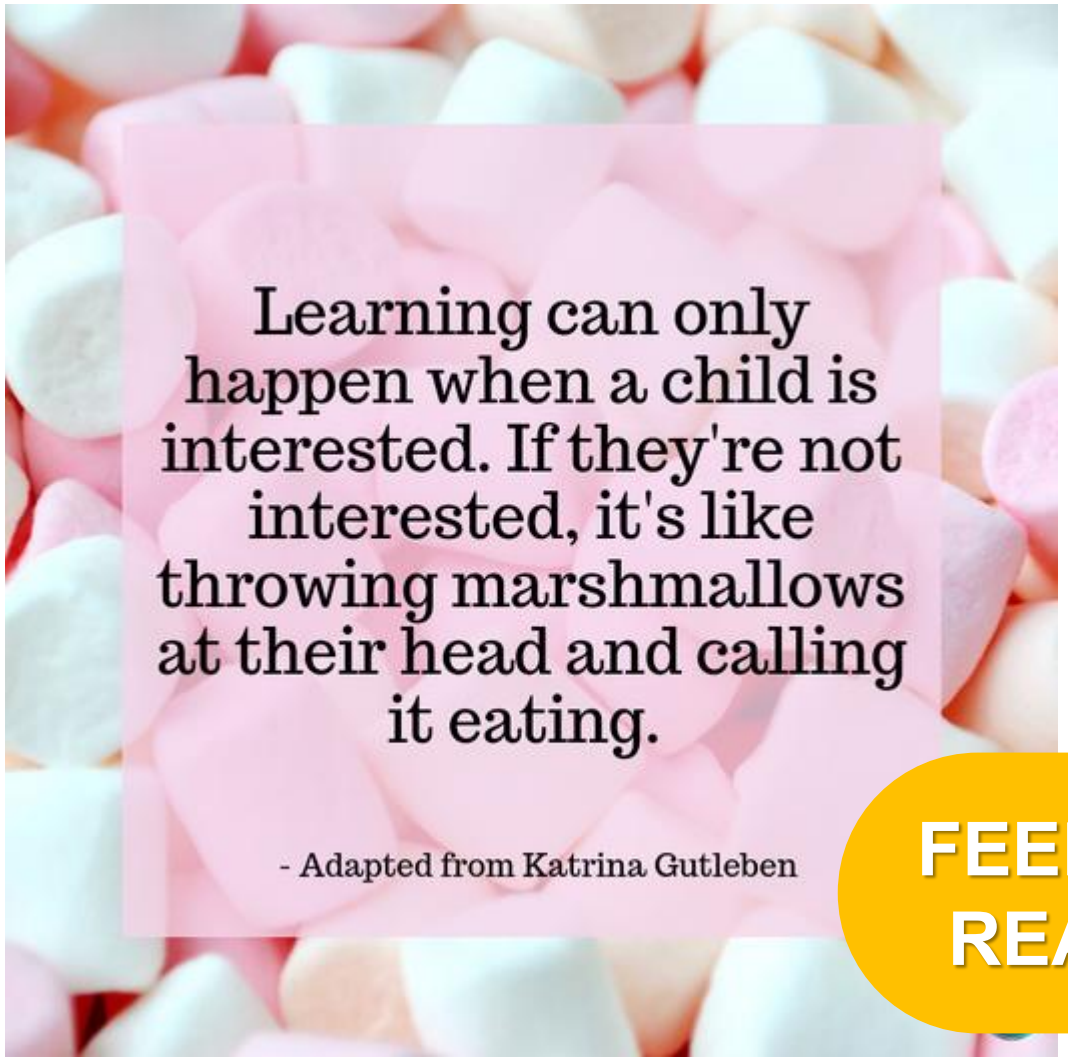
- Formative years
- Early stages of learning
- Discovering abilities and talents

PROVIDING BROAD EXPOSURE, DEVELOPING READINESS





Age-appropriate Learning



At a young age, the acquisition of

social-emotional competencies

and the **motivation to learn**

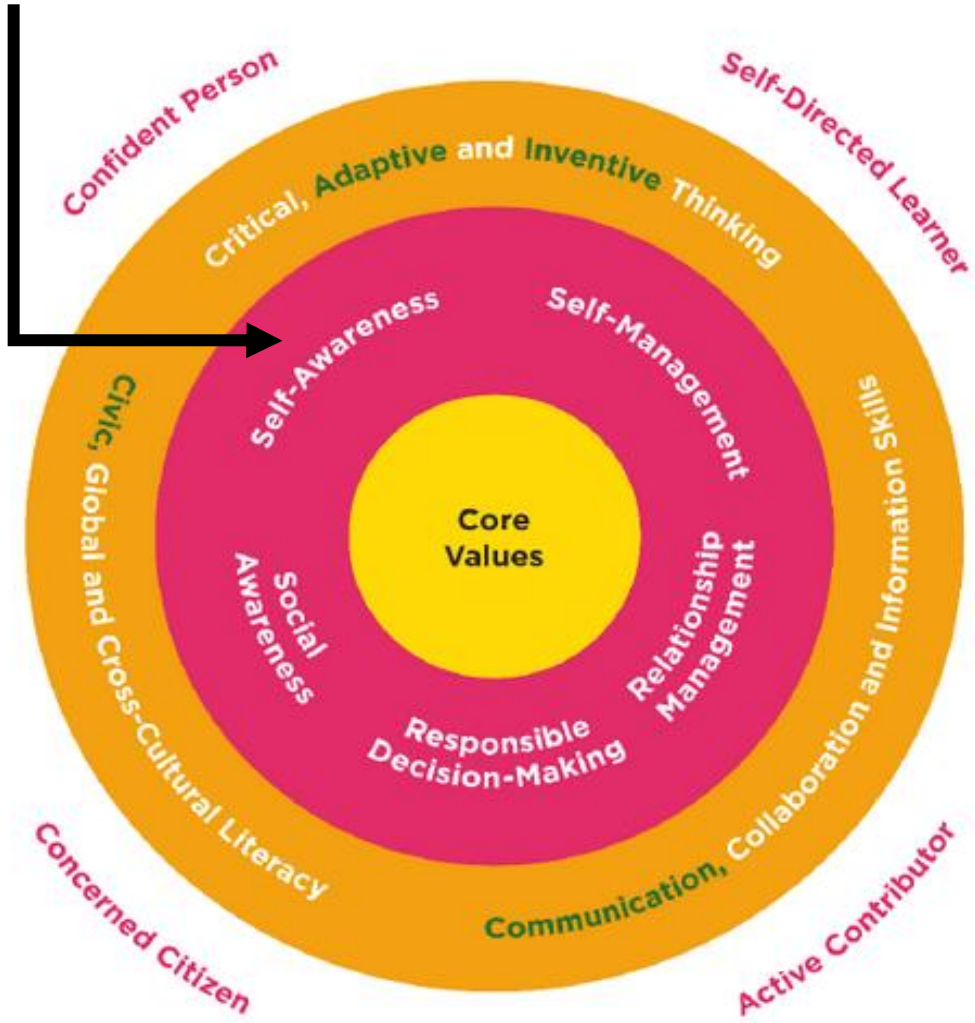
are critical in the development of every child.

FEELING READY = **SOCIAL & EMOTIONAL (NOT ACADEMIC)**

Social Emotional Learning (SEL)

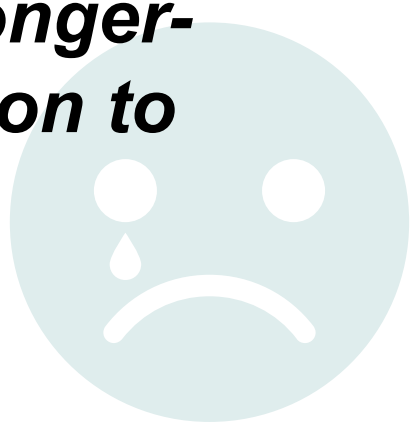
Social-emotional learning supports the development of skills to manage oneself, build healthy relationships and make responsible decisions

5 SEL competencies in MOE's 21CC Framework



Motivation to Learn

When learning is not developmentally-appropriate and children have to struggle with overly advanced content, it damages their self-esteem and longer-term motivation to learn



Research has shown that students who are motivated to learn tend to display…

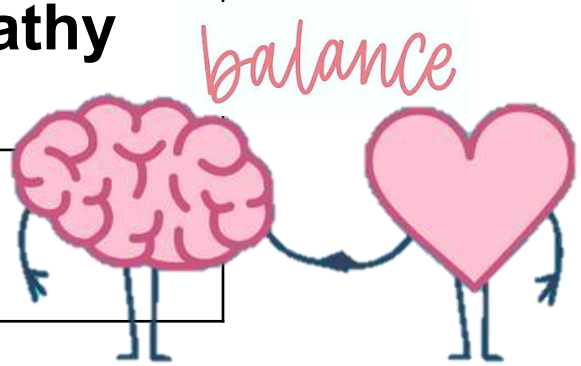
- **greater enjoyment of school**
- **more positive coping**
- **heightened engagement**
- **better performance**
- **less dropping out**
- **higher quality learning**
- **greater psychological wellbeing**

(Ciani et al., 2011; La Guardia, 2009; Vansteenkiste et al., 2010)

Common adjustments for P1 intake

- **Transition from preschool**: change of environment, longer hours
- **Self–management skills**: bigger class size, class rules, school norms
- **Relationship-building skills**: change in social circle, appreciating diversity

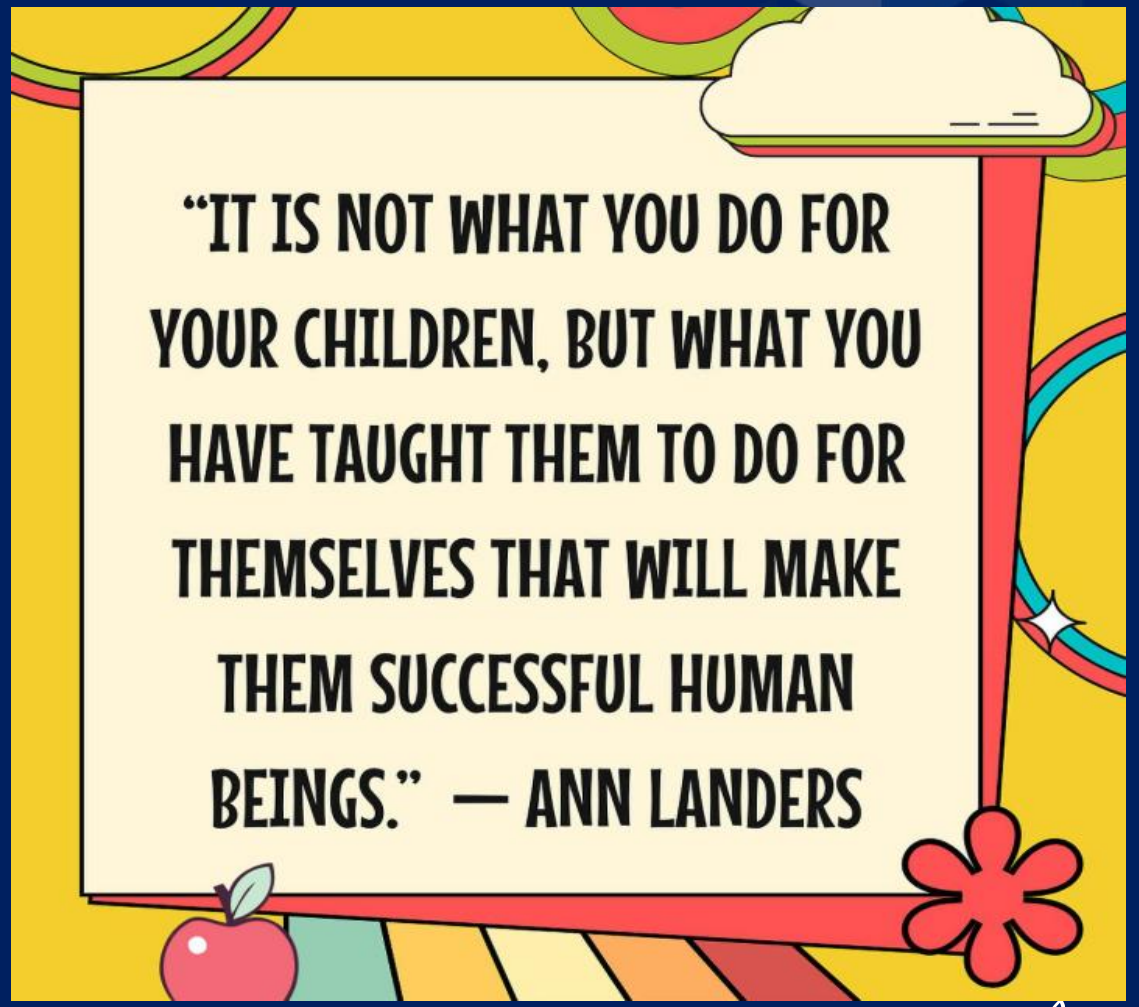
ICARE values
Semester 1 – Care & Empathy
Semester 2 – Respect



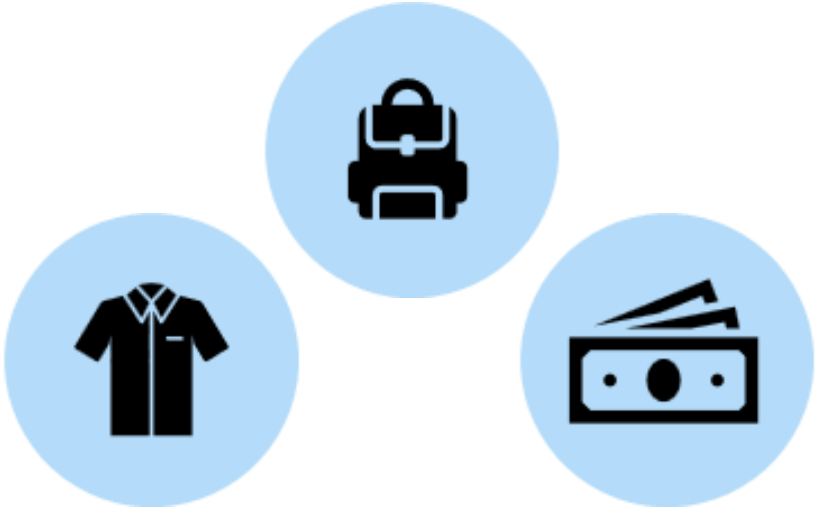
You can start simple! Focus on joy, curiosity and self-help, rather than perfection.

How can I help my child get ready for primary level?

1. Build child's independence
2. Establish habits & routines
3. Social & emotional preparation
4. Learning preparation
5. Practical preparations
6. Self-preparation



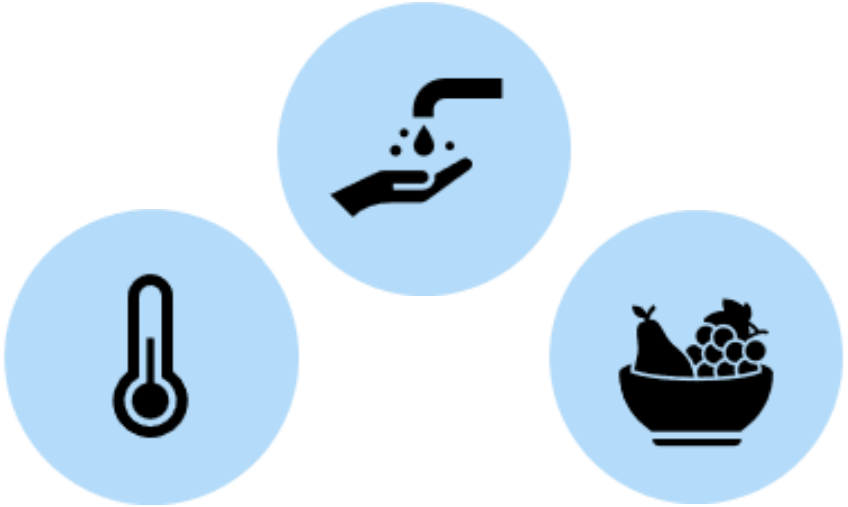
1. Build child's independence



Practise daily **self-help** (e.g. pack bag with only necessary items, wear clothes & shoes independently, make purchases)



Guide child to know when and how to **ask for help**



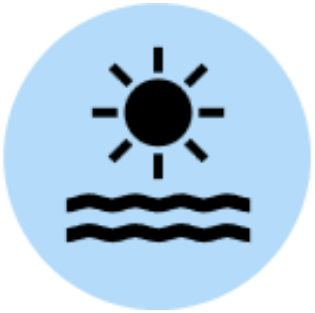
Teach child to **manage health** (e.g. bring medication, take temperature, wash hands, make healthy food choices, manage allergies)

2. Establish habits & routines

Routines help your child build confidence and learn to manage things by themselves



Set regular **sleep & wake** times with at least 9 hours of rest



Practise **morning routines** to reduce anxiety



Put in place **structured screen-free times** for reading & play

3. Social & emotional preparation

WHAT YOU CAN SAY

- Talk positively about school life
- Inform child of what environment and experiences they may encounter
- Suggest how child can manage peer influence (e.g. saying ‘No’ to friends, knowing which friend to approach for support, being open to friendships with those who are different)
- Describe inappropriate ways to engage with others (e.g. rough play, snatching, unwanted touch)

WHAT YOU CAN DO TOGETHER

- Role-play social situations (e.g. greeting, sharing, turn-taking, using polite words)
- Simulate scenarios that allow space for child to solve problems (e.g. how to resolve conflicts or unexpected changes)
- Encourage naming and managing emotions
- Guide child to generate healthy responses when experiencing negative emotions

What kind of environment and experiences should our P1 children expect?

BASIC EXPECTATIONS

RELATING TO PEERS

- **Respect** others' opinions, feelings, personal space and differences
- Use **positive language** (kind words)
- **Be an Upstander** against hurtful behaviour and reminding others to do what's right even when nobody is watching

BEHAVING IN AND OUTSIDE SCHOOL

- **Safety first!** Discourage running in corridors, jumping off staircases, playing outside of designated areas and dashing across roads when entering/exiting school premises.
- **Rosyth as a second home**: everyone to keep the school clean and bin litter, even if it's not theirs.
- **Exiting the school premises once per day**; not to leave for leisure and re-enter for after-school activities.
- When donning the uniform, every child represents Rosyth and should **uphold the school's reputation**.

RELATING TO ADULTS IN SCHOOL

- **Respect** for authority and have regard for all school staff irrespective of their role/position
- Show courtesy by stopping and **greeting**
- Seek help by **asking politely** rather than making demands (e.g. "May I please…" vs "I want/need…")

What kind of environment and experiences should our P1 children expect?

<u>Nurturing positive peer relations and prosocial behaviours at Rosyth</u>

- Providing a **safe and enabling** environment for children to forge new and strong friendships
- Setting and upholding expectations for Rosythians to live out our school values of **Integrity, Care and Empathy** in a large community



Familiarisation



Buddy Bench





Buddy Programme



Building a support structure using straws



Authoring a piece of writing together



Engaging in a pre-writing task (preparing sandwiches)

- Equipping Rosythians with the **skills** to learn and work effectively with others

- Creating **team-based learning** opportunities for Rosythians to put into practice our school values of **Respect, Resilience and Innovative Spirit**

4. Learning preparation

Create the **RIGHT MOTIVATION**

- Nurture **joy** – not fear – of learning
- **Read** together daily, discussing pictures and stories
- Use home language to talk about feelings and **curiosity**
- **Avoid pressure** on spelling, worksheets, extra assignments, academic enrichment
- Prevent dependence on **device/ screen use**, esp. on non-sch days

Get the **RIGHT SUPPORT**

- Observe and consider if your child may require learning and behavioural support
- Inform the school if your child has special education needs (diagnosed or observed) to prepare arrangements

How do I know if my child might need support?

LEARNING NEEDS

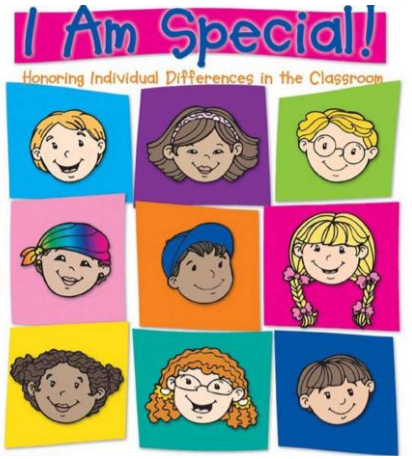
The gap between student's current level (e.g. literacy and numeracy levels) and the required level of knowledge and skills to perform a task

BEHAVIOURAL NEEDS

- Stress / anxiety
- Anger / aggression
- Depression / Self harm
- Impulse control

SPECIAL EDUCATION NEEDS

- Dyslexia
- Autism
- ADHD
- Hearing, visual, speech or physical impairments



View more info at https://www.moe.gov.sg/special-educational-needs/understand

What learning support is available in Rosyth?



Learning Support Programme (LSP)
to build English language skills

Learning Support for Mathematics (LSM)
to develop numeracy skills

A variety of MOE and school-based intervention programmes to improve emotional, cognitive, social and physical skills

- **TRANsition Support for InTegration (TRANSIT)** (P1 only)
- **Coolkids Junior** - Social skills and anger management
- **1-to-1 customised intervention** by Special Educational Needs Officer (SENO)

TRANSIT



For students who may need more time to adjust to primary school life.

Aim

- **Identify** students' needs early
- **Explicitly teach** and guide practice of social and behavioral skills
- **Facilitate and scaffold integration** of students into their form classes
  - Provision of appropriate environmental support
  - Building staff capacity to support

Small class size: Max 10

5. Practical preparations

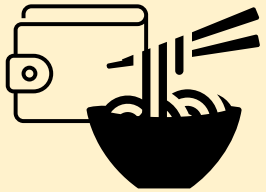
Label name clearly on all items (uniform, bottle, stationery)



Test school attire for comfort and fit



Prepare child for canteen set-up and pocket money use



Communicate clearly about transport and care arrangements



Familiarise child with processes for taking school bus or public transport



Go through Student Handbook together



6. Self-preparation

- Prepare yourself emotionally, e.g. practise drop-off separation with short goodbyes
- Model calm confidence
- Know and keep up-to-date via main communication channels (email, Parents Gateway, school website, General Office telephone number)



If you keep going to the teacher for daily updates, your child misses the chance to learn about responsibility



If you do your child's homework, he/she loses the opportunity to learn



By letting your child forget, you are helping him/her to remember

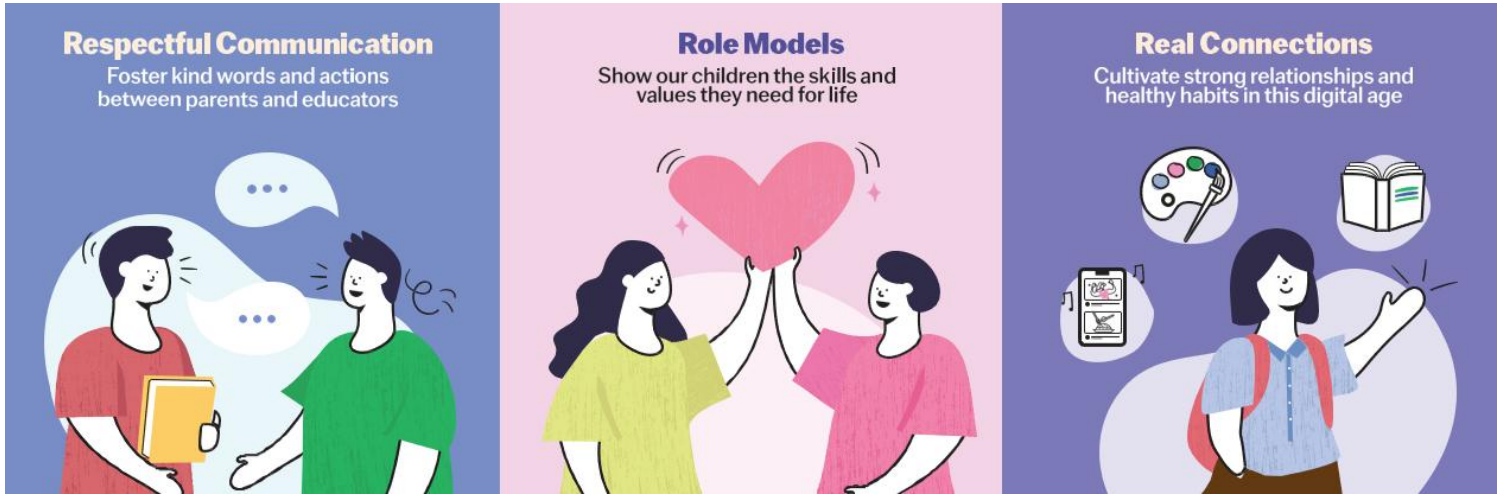
How can we work together to create an ecosystem of shared support?



- **Respond, not react** – you can rely on our team of experienced professionals to assess, advise and adjudicate in tricky situations

- **Sing the same tune** – provide consistency in educational messages by **knowing the school rules and policies** in our Student Handbook and parents' Assessment Booklet and **staying updated** via Parents Gateway and our social media channels

- Uphold the 3 Rs of the **Guidelines for School-Home Partnerships (GSHP)**



1. Respectful Communication

Foster kind words and actions between parents and school



Be open to receiving and understanding each other's perspectives regarding each child.

Communicate kindly using official channels. Staff are not required to share their personal mobile numbers.

Respect each other's time by communicating during working hours (7.30am till 5pm on school days), **unless in cases of emergency**.

2. Role Models

Show our children the skills and values they need for life



Model good values in words and actions, being aware that you are an example they can imitate

Demonstrate healthy ways to manage stress, setbacks and difficult emotions.

Instill confidence by encouraging responsibility and believing in our children's abilities, not spoon-feeding or being overly protective

Find joy in everyday experiences with our children, not narrowly focusing on their schooling performance. What questions will you ask your child at the end of a school day?

3. Real Connections

Cultivate strong relationships and healthy habits in this digital age



Build strong bonds with children through shared experiences and meaningful conversations.

Exercise empathy in difficult situations to appreciate the child's and/or staff's experience and perspective.

Provide a balanced mix of engaging online and offline activities, at school and at home. Cultivate reading habit – English and Mother Tongue.

Supervise device use. Establish home boundaries and routines for children to stay safe online and in control of their technology use.

What Happens Next?

By Nov 2026

Information for Parents containing:

- Class allocation *(current groupings are temporary and subject to change)*
- School-based Student Care Centre (SCC)
- School hours / term
- School uniform
- School bus
- School booklist
- Dental services

4 Jan 2027

"Day 1" Programme

- Principal's address to parents
- VP's briefing on curriculum and student well-being
- Talks by our partners
- Tour of school facilities

Please note that parking is not available in school; access is via main entrance (gate 1) or back entrance (gate 7) only

5 – 7 Jan 2027

Orientation P1- P6

- Setting positive Class Culture & positive tone as a school for the start of year
- Social bonding activities

8 Jan

Regular lessons (based on timetable)

School Terms 2027 (MOE)

Term 1: Mon 4 Jan – Fri 14 Mar
Term 2: Mon 22 Mar – Fri 28 May
Term 3: Mon 28 Jun – Fri 03 Sep
Term 4: Mon 13 Sep – Fri 19 Nov

Resources: Parent Kit

https://www.moe.gov.sg/parentkit

- Promote parents' understanding and appreciation of school processes and practices.

- Support parents guiding their children as they enter Primary 1, so that their children enjoy learning and going to school.

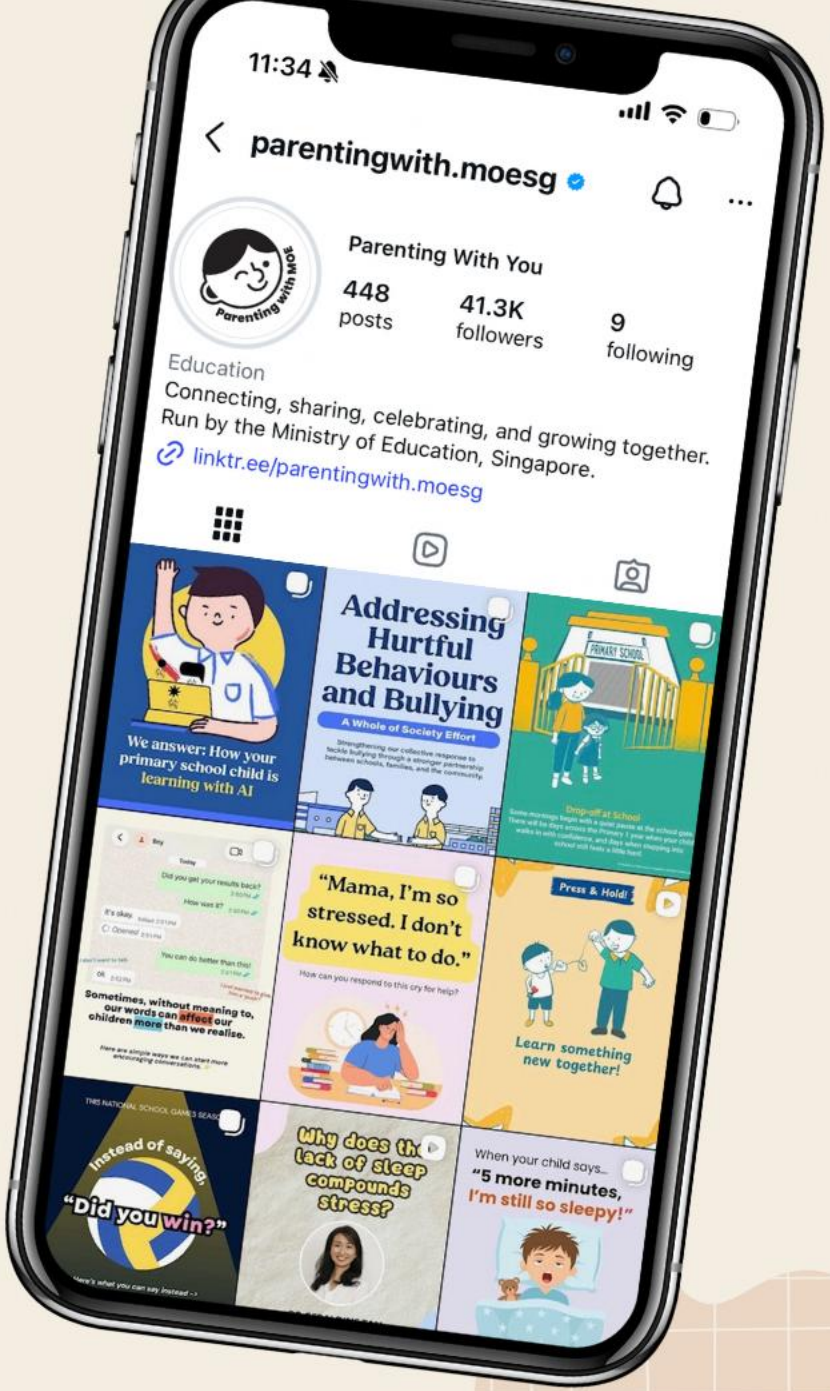
- Support parents in building strong relationships with their children, through bite-sized activities that encourage sharing and spending time together.











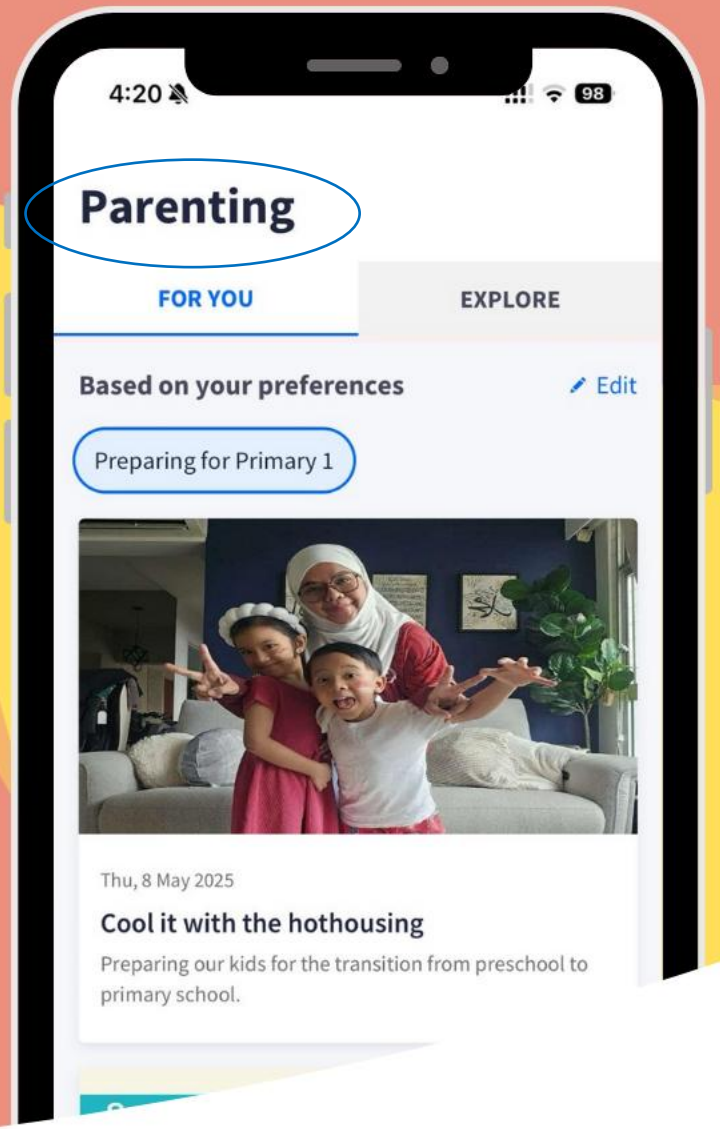
Begin your parenting journey with MOE

@parentingwith.moesg

Follow MOE on Instagram for bite-sized and actionable parenting tips to tackle the everyday demands of parenting.

Parenting Resources on Parents Gateway (PG)

Discover rich and customisable parenting resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.



Available online!

Parent-Child Activity Book

10 TIPS FOR PARENTS

to help you navigate your child's first year in primary school.



Chat with your child

Learn new skills

Practise simple routines

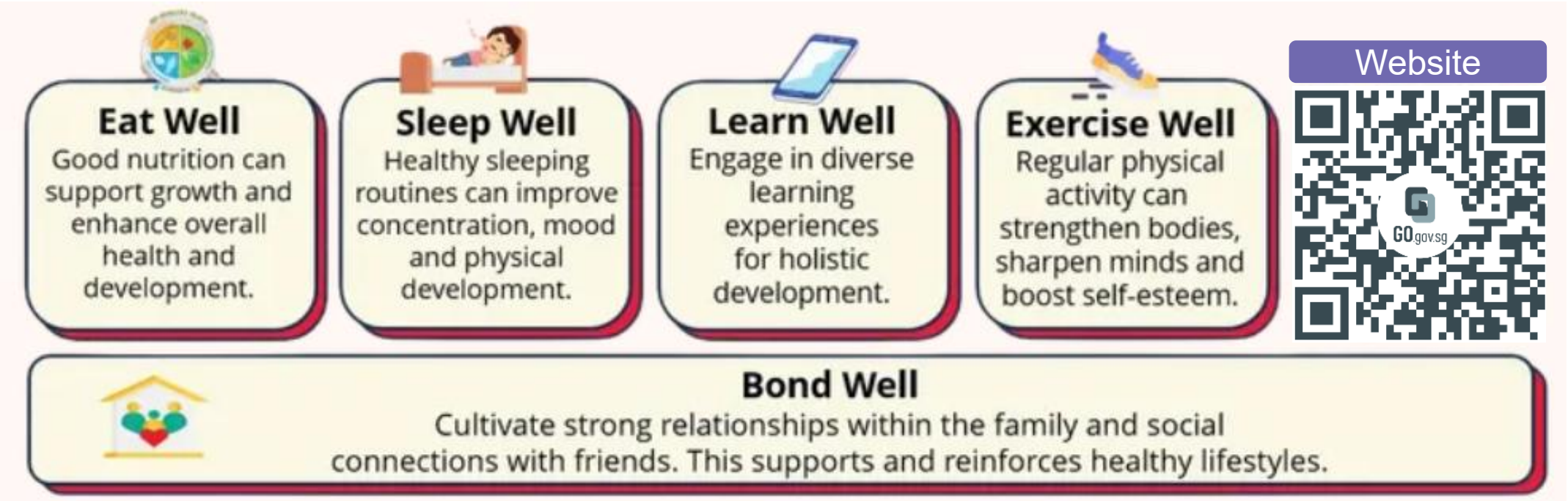
Create something interesting

Thank others for their help

Pledge to do things together

Grow Well SG

A national health promotion strategy to enhance preventive care and inculcate healthier lifestyles in children and adolescents.



Your Child's Health Plan

IMPORTANT

Fill in the **Lifestyle Questionnaire** on PG at the start of the year!

As part of the annual health screening in schools, your child will receive a customised Health Plan which includes:

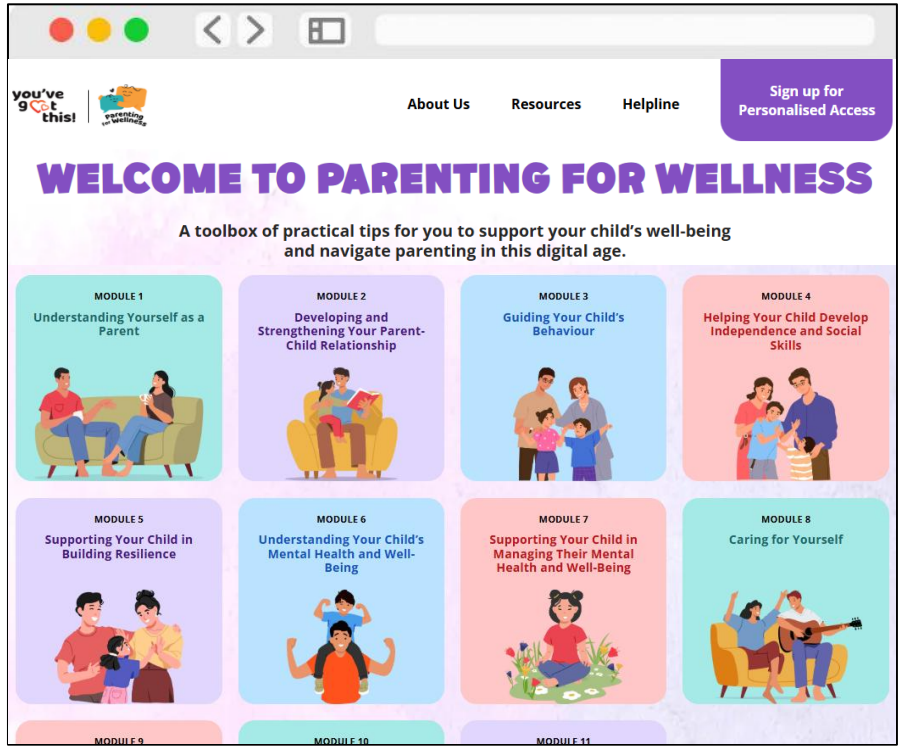
1	2	3	4
Health Screening Results	**Lifestyle Prescription**	**Vaccination Report**	**Referral Letters**
To identify and address conditions early in childhood	Tailored based on your child's current lifestyle habits and preferences	(if applicable)	(if applicable)

The lifestyle prescription focuses on four critical areas, ensuring a holistic approach to your child's health:

1	2	3	4
Being Active	**Eating Healthy**	**Limiting Screen Use**	**Getting Enough Sleep**
			
Encouraging regular physical activity to boost energy levels and overall fitness	Promoting balanced nutrition to fuel your child's growth and development	Managing digital exposure to foster mental and physical health	Ensuring adequate rest to support learning and daily functioning

Parenting for Wellness

An initiative to empower parents with key knowledge and skills to build strong parent-child relationships, strengthen their children's mental well-being and resilience, and parent effectively in the digital age.





The Toolbox for Parents **comprises bite-sized practical tips and strategies for parents**, such as ways to create a safe and nurturing home environment, build resilience in children, and stay safe online.

The **Website** offers **customised tips and resources tailored for individual parent**, including curated module recommendations, and allows you to easily track your parenting journey through a personalised dashboard.

Toolbox

Website

CHECK US OUT!

SCHOOLBAG

PARTNERING YOU ON YOUR EDUCATION JOURNEY

New look, new features, same good content

Schoolbag.edu.sg

Hear from fellow parents, MOE educators and more. Subscribe today!

go.gov.sg/schoolbag-subscribe



BROUGHT TO YOU BY MOE COMMUNICATIONS AND ENGAGEMENT GROUP

Link to Rosyth Facebook Page

https://www.facebook.com/RosythSchoolOfficial/

Stay connected with us! Like our Facebook page to get the latest school updates directly in your feed.

Your engagement makes a difference!

Link to **Rosyth Instagram page**

https://go.gov.sg/rosythig

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